

Appalachian Mountain Club's Getting To Know Series:

A Time Before New Hampshire: The Land & Native Peoples with Michael Caduto

Friday, May 30, 2008 9 am-2 pm
AMC Joe Dodge Lodge in Pinkham Notch

Eons before people arrived in New Hampshire the forces of nature had sculpted the land. Continents collided. Seas opened and closed. Mountain ranges rose and fell. Each wave of rock that broke on these shores left a fragment behind—a piece of the geologic puzzle we now call New Hampshire. The last glacier melted back about 14,000 years ago.

For the past 11,000 years the Alnôbak (Abenaki) and their ancestors have lived here and sustained themselves with ways of life molded by practical needs and spiritual beliefs. Through stories, slides, music and discussion, this program helps participants imagine a living past. We'll briefly explore the traditional land use stewardship of the Alnôbak, the impacts they have had on their surroundings and how the land has, in turn, molded their culture.

During the afternoon field trip the group will be steeped in Native American folklore and information about the traditional uses of wild edible, medicinal and poisonous plants. We'll sample wild edibles and share indigenous stories as we traverse the local environment.

Michael J. Caduto is the author of *A Time Before New Hampshire: The Story of a Land and Native Peoples*. Michael is co-author of the national best-seller *Keepers of the Earth* and its popular sequels *Keepers of the Animals*, *Keepers of Life* and *Keepers of the Night* (NAPPA Gold Award). He is a popular, award-winning author, ecologist, musician and storyteller. For more than twenty years he has worked closely with members of many Native American cultures and he actively supports Native visions of Earth stewardship. Michael travels throughout North America presenting environmental and cultural performances and workshops for children, teachers, naturalists and general audiences. His most recent books are *Everyday Herbs in Spiritual Life: A Guide to Many Practices*, *A Child of God*, *In the Beginning: The Story of Genesis and Earth Activities for Children* and *Remains Unknown: The Final Journey of a Human Spirit*. Michael's *Earth Tales from Around the World* was awarded the national Aesop Prize by the American Folklore Society for literary and artistic excellence as the year's best children's book of folklore. One of his children's books, *The Crimson Elf: Italian Tales of Wisdom*, received a Storytelling World Honor Award. He also co-authored *Native American Gardening: Stories, Projects and Recipes for Families* (NAPPA Silver Award). Michael's original music—*All One Earth: Songs for the Generations*—has received numerous ASCAP Popular Awards.

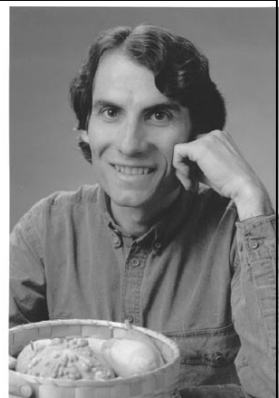


Photo by John Sheldon



The Appalachian Mountain Club's *Getting to Know* series of natural history workshops are presented by specialists in the fields of research, wildlife, forestry, and science. This series of day long, natural history workshops are designed for the general public, as well as resource professionals, land managers, and naturalists. Workshops have an indoor and outdoor component. For a complete listing of our *Outdoor Explorations* program offerings check us out online: www.outdoors.org

Please call the AMC Reservations Department for more information and to reserve your spot:
603-466-2727 Fee: \$46 includes: instruction, handouts and lunch.

AMC Members receive a discount. The workshop has been assigned 2.0 CEU credits for NH licensed foresters.